



# NEWSLETTER

## S • E • P • T • E • M • B • E • R 2011

13-week assignments available  
Every office has openings for ORNs, ORTs, and CPTs



### Celebrate

## National Surgical Technologist Week

September 18-24

*“Instruments of Excellence”*



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### HEALTH

#### **Always call 911 if you suspect a stroke**

A recent survey found that 40 percent of those surveyed would not immediately call 911 if they recognized a family member or friend suffering what they recognized as common stroke symptoms. Because the chance of survival and recovery increases the sooner you receive care, not calling 911 could be a fatal mistake. Common signs of stroke are confusion, trouble speaking or understanding, numbness or weakness on one side of the body, or difficulty seeing from one or both eyes.

#### **Feel more confident**

Not only is it good for your back, but a recent study found that people who sit up straight report feeling more confident when answering questions.

#### **Healthy Pets**

According to a recent study, about one third of cats and dogs in the U.S. are overweight. Too much weight contributes to an increased risk of arthritis, heart disease, and even premature death. Talk to your veterinarian about using healthy, low-calorie vegetables as treats for your pets. And daily walks may be good for the whole family!

*9/1: FIRST TRAINING SCHOOL FOR NURSES: New England Hospital, Boston, admitted 5 students in 1872; 9/5: Labor Day; 9/9: Admission Day: California Becomes 31st State in 1850; 9/11: Patriot Day; 9/11: Grandparents Day; 9/12: Full Moon; 9/16: US Constitution Day/Citizenship Day; 9/18: National Cheeseburger Day; 9/21: International Day of Peace; 9/23: First Day of Autumn; 9/27: New Moon; 9/29: Rosh Hashanah begins at sundown*

**Refer a friend to SSI  
and receive cash!**

*Call your local  
office for details*



RN / TECH  
*for*  
OR, PACU CPD, RT

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## ***Continuing Education, Meetings, Events***

IPCAN International Conference, October 2-5, 2011 in Toronto, Canada [www.icpan.org](http://www.icpan.org)

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**SACRAMENTO**                      **October 7, 2011**                      **7:30 AM to 3:45 PM**  
Continuing Education Consortium presents a course on **Advanced Hemodynamics**  
CHW- Strategic Learning development  
650 Howe Avenue, Suite 400, Sacramento, CA 95825  
Call for cost and registration information      (916) 733-6333

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Join the American Cancer Society's Annual 5K walk to save lives:  
**Making Strides Against Breast Cancer**  
Sunday, October 16, 2011  
West Steps, State Capitol  
(916) 446- 7933                      [cancer.org/stridesonline](http://cancer.org/stridesonline)

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### **NURSING CONTINUING EDUCATION (CE) REQUIREMENTS BY STATE**

Go to your State's Web site or [ce.nurse.com/Rstatereqmnt.aspx](http://ce.nurse.com/Rstatereqmnt.aspx) for a complete list

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### **ONLINE EDUCATION OPPORTUNITIES**

- [www.aorn.org](http://www.aorn.org): Association of Operating room Nurses
  - [www.asrt.org](http://www.asrt.org): American Society of Radiologic Technologists
  - [www.aspan.org](http://www.aspan.org): American Society of PeriAnesthesia Nurses
  - [www.ast.org](http://www.ast.org): Association of Surgical Technologists
  - [www.iahcsmm.org](http://www.iahcsmm.org): International Association of Healthcare Central Service Material Management
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Stanford Hospitals & Clinics, Center for Education and Development      [www.cecenter.stanfordhospital.com](http://www.cecenter.stanfordhospital.com)

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University of Washington Continuing Nursing Education Calendar      [www.uwcne.org](http://www.uwcne.org)

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Sterile Processing University, LLC      Web-location for CEUs. All approved by the CBSPD, Inc. for continuing education credits. CEUs can be done online or by mail.      [www.spdceus.com](http://www.spdceus.com)

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**ATTN: Surgical Technologists**      If you are a currently practicing non-certified surgical technologist, the Accelerated Alternate Delivery (ADD) Program in Surgical Technology is designed to help obtain the educational background required to sit for the NBSTSA certifying exam.      **More information at: <http://cti.neit.edu>**

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